Cub Scout Den Meeting Outline

Month: **May** Point of the Scout Law: **Kind**

Wolf Webelos Arrow of Light Tiger Bear Before the Gather materials for Meeting gathering and other activities, games and have home assignments (if any) ready. Gathering Make Me Laugh A Scout is Kind Opening Opening The First Class Scout Discussion Program of Skits and Songs Badge Silly Face Game What is a Patrol? Activity Tiger: Safe & Smart 5 Project Family (all) Project Family (all) Roaring Laughter 3 Business None items/Take home Fix It (all) Fix It (all) Building a Better World 6, 8 A Boy Scout is Kind Closing Closing After the meeting

Materials:

Gathering: paper, pencils

Opening: flag

Discussion: Skit, song and run-on resource sheets, paper, pencils; First Class Scout Badge Posters, paper, pencils

Activity: None

Closing: None

Home assignments: See home assignment sheets

Advancement:

Tiger - Tiger: Safe & Smart 5, Wolf – Howling at the Moon 2 Bear – Roaring Laughter 1, 2, 3, 4, 5 Webelos – Project Family (all), Fix It (all) Arrow of Light – Project Family (all); Fix It (all) ; Scouting Adventure 1, 3; Building a Better World 6, 8

Week: 1

Make Me Laugh

Think about what makes you laugh. Write down three things that make you laugh.

| 1. | |
|----|--|
| 2. | |
| | |
| 3. | |

Practice reading the tongue twisters on the back and see how well you can read them out loud. Do the tongue twisters give you the giggles when the words don't come out right?



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Practice reading the tongue twisters on the back and see how well you can read them out loud. Do the tongue twisters give you the giggles when the words don't come out right?



Practice reading the following tongue twisters. How fast can you read them?

-A big black bug bit a big black bear. But where is the big black bear that the big black bug bit?

-How many yaks could a yak pack pack if a yak pack could pack yaks?

-How much wood could a woodchuck chuck if a woodchuck could chuck wood?

-How many cans can a canner can if a canner can cans?

-Peter Piper picked a peck of pickled peppers. A peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers, How many pickled peppers did Peter Piper pick?

-She sells seashells by the seashore.

-I saw a saw that could out saw any other saw I ever saw.

- An Ape hates grape cakes.



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-How many yaks could a yak pack pack if a yak pack could pack yaks?

-How much wood could a woodchuck chuck if a woodchuck could chuck wood?

-How many cans can a canner can if a canner can cans?

-Peter Piper picked a peck of pickled peppers. A peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers, How many pickled peppers did Peter Piper pick?

-She sells seashells by the seashore.

-I saw a saw that could out saw any other saw I ever saw.

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A Scout is Kind Opening

Materials:

flag

Cubmaster or Den leader:

-When a Scout is kind, what does that mean? [Listen to the answers of the Cub Scouts. Let them realize that **A Scout treats** others as he wants to be treated. He never harms or kills any living thing without good reason.]

-Let's say the Scout Oath and the Scout Law together but instead of using the Cub Scout sign, let's use the Boy Scout sign (demonstrate how to make the Boy Scout sign) because Boy Scouts are kind, too.

[Say the Scout Oath and the Scout Law.]

-What is the Cub Scout motto? Do Your Best.

-Did you know that Boy Scouts have a motto? What do you think the Boy Scout motto is? Be prepared.

-The Boy Scouts also have a slogan that they say and do. Their slogan is, "Do a good turn daily." That sounds like being kind.

-So, the Boy Scouts have a sign (demonstrate the sign), the Boy Scouts have a motto (Be Prepared), and Boy Scouts have a slogan (Do a Good Turn Daily).

[Let's all say together the Pledge of Allegiance.]

Program of Skits and Songs

Materials:

Paper, pencils

Instructions:

Later in the month the entire pack will have a program (you could do it around a pretend campfire to make it a campfire program) of songs and skits and jokes that the Cub Scouts (Tiger, Wolf, Bear and Webelos Scouts) will be the main players.



The Cub Scouts will need to divide into their dens after the leader gives them instructions of what each den will have to do.

Tiger Den – sing a song, act out a skit (does not need to be original – see resource sheet)

Wolf Den – plan the order of the entire pack program; sing a song; share an original skit

Bear Den – share some run-ons; sing a song

Webelos/Arrow of Light Den – share a song or skit

Use the resource sheets to give the Cub Scouts ideas for their songs and skits and run-ons. The Wolf den might need some help coming up with a skit where everyone can participate and to make it fun. "Star Wars" is often a fun theme... Once each den knows what they are doing, they can tell the Wolf and the Arrow of Light den (5th grade Webelos) and they can decide what order the songs and skits and jokes will be in the program.

The Arrow of Light den (5th grade Webelos) will need to make sure there is an opening ceremony, a closing ceremony and they need to make sure that an adult leader (Cubmaster or Den leader) gives a Cubmaster minute (or special closing) at

the end of the program. The Cubmaster could lead the closing ceremony that is suggested for Week 4's closing – as both the Closing ceremony for the program and for the day.

Remind the dens to practice their skits and the songs and run-ons when they can.

Resource Sheet – Skits

The Invisible Bench

(4-8 Cub Scouts)

Cub Scout #1 walks onstage and squats down as if he is sitting on a bench that is invisible.
Cub Scout #2 walks up to #1.
Cub Scout #2: What are you doing?
Cub Scout #1: Just sitting on this invisible bench.
Cub Scout #2: Can I join you?
Cub Scout #1: Sure.
Cub Scout #2 sits down next to #1.
Cub Scout #3 repeats the dialog.
Each Cub Scout comes on and repeats, making a long line of scouts sitting on the bench.

Last Cub Scout walks up to line of Cub Scouts. Last Cub Scout : What are you guys doing? All people: Just sitting here on this invisible bench. Last Cub Scout : No you aren't. I moved the bench over there. (points)

All the sitting Cub Scouts fall down.

Ice Fishing (4-8 Cub Scouts – 1 as voice off stage)

Small group of Cub Scouts are ice fishermen and they walk to the center of the stage.
Cub Scout #1: Look, this is good spot to start drilling the ice!
Cub Scout #2: Yes! This is a good place.
(All Cub Scouts starts using a manual ice drill to cut through the ice.)
Offstage Voice: There are no fish there!
(Cub Scouts jump and look around.)
Cub Scout #1: Let's try over there.
Cub Scouts take their drills and they move to a new location and start to drill through the ice.)
Offstage Voice: There are no fish there!
(Cub Scouts jump and look around.)
Cub Scouts take their drills and they move to a new location and start to drill through the ice.)
Offstage Voice: There are no fish there!
(Cub Scouts jump and look around.)
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Cub Scouts jump and look around.)
Cub Scout #1: I think we'd better try a different spot.
Cub Scout #2: Yes. That looks better over there.
(Cub Scouts take the drills and they move to a new location and start to drill through the ice.)
Offstage Voice: Listen, you guys, I'm the ice rink manager and THERE ARE NO FISH THERE!

We Have No Skit (8-12 Cub Scouts)

First Cub Scout walks to center stage, stops, slaps his forehead and shouts, 'Oh No!' Next Cub Scout runs up to him and asks 'What's Wrong?' First Cub Scout whispers in his ear, and Cub Scout #2 says 'Oh No!' [Repeat this for each Cub Scout running to the group until only the last one is left.} Last Cub Scout runs up and asks 'What's Wrong?' **All Cub Scouts**: We have no Skit!

Got Any Duck Food? (4-8 Cub Scouts)

Cub Scout #1 stands behind box or chair or table being used as the store counter.

Cub Scout #2 (with group of Cub Scouts) : (walks in and faces store owner) Got any duck food?Cub Scout #1: No, this is a hardware store. We don't sell duck food.(Cub Scout #2 leaves and comes back the next day)

Cub Scout #2 (with group of Cub Scouts): Got any duck food?

Cub Scout #1: No! This is a haaaaardwaaaaaaaare store. We....do....not....sell....duck....food. (Cub Scout #2 leaves and comes back the next day)

Cub Scout #2 (with group of Cub Scouts): Got any duck food?

Cub Scout #1: No! No! And, if you ask me again, I'm gonna nail your feet to the floor! (Cub Scout #2 leaves and comes back the next day)

Cub Scout #2 (with group of Cub Scouts): Got any Nails? Cub Scout #1: No. Cub Scout #2: Got any Duck Food?

Emergency Broadcast System (6 to 10 Cub Scouts)

Notes:

Make sure you practice so the Beeeeeps start and stop when they should and so that the punch line does not drag on too long.

Resource Sheet – Songs

Boom Chicka Boom

(repeat each line after song leader)

I said a Boom Chicka Boom I said a Boom Chicka Boom I said a Boom Chicka Rocka Chicka Rocka Chicka Boom Uh huh Oh yeah One more time _____ style.

Janitor Style: I said a Broom Sweep-a Broom I said a Broom Sweep-a Broom I said a Broom Sweep-a Mop-a Sweep-a Mop-a Sweep-a Broom

Baseball Style: I said a boom chicka boom I said a boom chicka boom I said a boom chicka rocka hit that softball to the moon.

Thunderstorm Style: I said a boom crasha boom I said a boom crasha boom I said a boom crasha flasha crasha flasha crasha boom

Race Car Style: I said a vroom shifta vroom I said a vroom shifta vroom I said a vroom shifta grind-a shifta grind-a shifta vroom

Astronaut Style: I said a moon shoot the moon I said a moon shoot the moon I said a moon blast-me shoot-me blast-me shoot-me-to-themoon

Row, Row, Row Your Boat

Row, row, row your boat, gently down the stream. Merrily, merrily, merrily merrily, Life is but a dream.

Row, row, row your boat, Underneath the stream. You can't see me, I'm a submarine!

I've Got that Cub Scout Spirit

I've got that Cub Scout spirit up in my head, Up in my head, up in my head. I've got that Cub Scout spirit up in my head, Up in my head to stay.

I've got that Cub Scout spirit
 Deep in my heart...
 Down in my feet...
 All over me...

Yankee Doodle

Yankee Doodle went to town A-riding on a pony Stuck a feather in his hat And called it macaroni.

Yankee Doodle, keep it up Yankee Doodle dandy Mind the music and the step And with the girls be handy.

Father and I went down to camp Along with Captain Gooding And there we saw the men and boys As thick as hasty pudding.

Yankee Doodle, keep it up Yankee Doodle dandy Mind the music and the step And with the girls be handy.

There was Captain Washington Upon a slapping stallion A-giving orders to his men I guess there was a million.

Yankee Doodle, keep it up Yankee Doodle dandy Mind the music and the step And with the girls be handy.

You're a Grand Old Flag

You're a grand old flag, You're a high flying flag, And forever in peace may you wave.

You're the emblem of, The land I love, The home of the free and the brave.

Every heart beats true, For the red, white, and blue, With never a boast or a brag.

Should old acquaintance be forgot Keep your eye on the grand old flag.

Deep in the Heart of Texas

The stars at night, are big and bright, deep in the heart of Texas.

The prairie sky is wide and high, deep in the heart of Texas.

The sage in bloom is like perfume, deep in the heart of Texas.

Reminds me of, the one I love, deep in the heart of Texas.

The coyotes wail, along the trail, deep in the heart of Texas.

The rabbits rush, around the brush, deep in the heart of Texas.

The cowboys cry, "Ki-yip-pee-yi," deep in the heart of Texas.

The dogies bawl, and bawl and bawl, deep in the heart of Texas.

Tarzan of the Apes

I like bananas, coconuts and grapesI like bananas, coconuts and grapesI like bananas, coconuts and grapesThat's why they call me: TARZAN OF THE APES!

(yell 'Tarzan of the Apes' as loud as possible)

The Grand Old Duke of York

The Grand old Duke of York, He had ten thousand men. He marched them up the hill, [Everyone stands up] And marched them down again. [Everyone sits down]

And when you're up, you're up; [Everyone stands up] And when you're down, you're down. [Everyone sits down] And when you're only halfway up, [Everyone crouch stand] You're neither up nor down!

[Sing it faster and faster.]

Home On the Range

Oh, give me a home, where the buffalo roam Where the deer and the antelope play Where seldom is heard a discouraging word And the skies are not cloudy all day.

Chorus: Home, home on the range Where the deer and the antelope play Where seldom is heard a discouraging word And the skies are not cloudy all day.

How often at night, when the heavens are bright With the light from the glittering stars I've stood there amazed, and asked, as I gazed, If their glory exceeds that of ours.

Chorus

The air is so pure, and the zephyrs so free And the breezes so balmy and light I would not exchange my home on the range For all the cities so bright.

Chorus

Resource Sheet – Run-Ons

Cub Scout #1: [Runs out screaming] They're on me! They're on me! Cub Scout #2: What's on you? Cub Scout #1: My clothes!

Cub Scout #1: [Runs out screaming] They're after me! They're after me! Cub Scout #2: Who's after you? Cub Scout #1: The squirrels. They think I'm nuts.

Cub Scout #1: [walks out dragging a rope on the ground] Cub Scout #2: Why are you dragging that rope? Cub Scout #1: Have you ever tried pushing one?

[Cub Scout #1 runs on, looking frantic.] Cub Scout #1: It's all around me! It's all around me! Cub Scout #2: What is it? What's all around you? Cub Scout #1: My Belt! (and runs off)

Smoke Signals

Cub Scout #1: Hey George, look over there, smoke signals." Cub Scout #2: Oh yes Mike, what do they say? Cub Scout #1: [pretending to look away through binoculars, says very slowly] Help... My... Blankets... On... Fire. Cub Scout #1: [looking back at Cub

Scout #2] Help my blankets on fire?

The Ruler

Cub Scout #1: Why do you keep the ruler on the newspaper when you're reading? Cub Scout #2: I want to get the story straight!

The First Class Scout Badge Instructions

Materials:

First Class Scout Badge poster (1 for every 3 5th grade Webelos Scouts)

Instructions:

Help the Webelos Scouts understand the following:

In Boy Scouts, Scouts become a First Class Scout once they have mastered all of the skills required for Tenderfoot, Second Class and First Class ranks and they receive the First Class Scout Badge. This means that a Scout knows how to do



many things in the outdoors – camping, first aid, hiking, etc and is truly a First Class Scout! The rank that we want all Boy Scouts to make is First Class because then we know they are prepared for many things and can help others because they are prepared.

Have the boys look at the poster of the full First Class Badge and then have them read the other side about what each part of the badge stands for – or you could go over the badge poster with the Webelos Scouts.

A way to review the parts may be to ask some questions such as:

What part of the badge says the Boy Scout motto?

What part of the badge reminds us of the Boy Scout slogan?

What part of the badge reminds us to smile?

What part of the badge stands for truth and knowledge?

What is the French word that means iris flower? What does that have to do with the First Class Badge?

Why is the eagle part of First Class Badge/

The First Class Scout Badge



The First Class Scout Badge

(From the Webelos Handbook, page 187)

Fleur-de-lis – The basic shape of the First Class Badge is the fleur-de-lis (the French word for an iris flower). Its center point is shaped like the north arrow on an old compass. The three main parts, like the three raised fingers of the Scout sign, stand for the three parts of the Scout Oath: duty to God and country, duty to others, and duty to self.

Eagle and Shield – The First Class Badge includes the emblem of the United States of America, representing freedom and a Scout's willingness to defend that freedom.

Two Stars – The two stars symbolize truth and knowledge. They also represent Scouting's outdoor adventures.

Scroll – The scroll at the bottom displays the Scout motto. The ends are turned up like a smile as a reminder that Scouts smile as they do their duty.

Knot – The knot below the scroll is a reminder to do a Good Turn daily.









What is a Patrol?

Materials:

Paper Pencils Crayons/Markers

Instructions:

Help the Webelos Scouts to understand the following:



1. In Boy Scouts, Scouts are divided into patrols. Patrols are the teams where Scouts work together, cook together, camp and hike together and even work on advancement together! Sometimes the patrol might be made up of brand new Boy Scouts, sometimes a patrol will be made up of Scouts who like the same things and sometimes a patrol can be a mix of all kinds of Scouts.

[Divide the 5th grade Webelos Scouts up into patrols (6-10 Webelos Scouts per patrol).]

2. Patrols each have a patrol leader. [Have each patrol hold a quick election and determine who will be their patrol leader. Votes could be on paper or by raise of hands – depending on the needs of the Webelos Scouts.] The patrol leader is your leader and you should help him.

3. Patrols each have a patrol name, a patrol yell and a patrol emblem and flag. [Give the Webelos Scouts some time to create their name, yell and think about an emblem.] Patrols need to have good patrol spirit. Patrol spirit is the "glue" that holds the patrol together and keeps it going. [How will a yell, a name and an emblem/flag help your patrol to have patrol spirit?]

[Give the patrols time to draw their flags. Have each patrol share their name, yell and flag with all of the other Webelos patrols.]

Silly Faces Game

Materials:

None

Instructions:

1. Have Cub Scouts pair up with a buddy and sit on the floor face to face.

2. The Cub Scouts need to try to make each other laugh.

They can make faces or sounds, but no touching is allowed. The last person to laugh wins.

3. Have them find a different buddy and do the same thing. Depending on time, you could have them do this with several buddies.

After play is over, ask the Cub Scouts:

How hard was it to make your buddy laugh? How hard was it to make you laught? What was the final thing that made each of you laugh?



Boy Scouts are Kind Closing

Materials:

None

Cubmaster or Den leader:

In the Scout Law we learn that a Scout is kind. Are Boy Scouts kind too?



They do some things differently... they have a Boy Scout handshake. It is a regular handshake – it's just made with the left hand. [Demonstrate the Boy Scout handshake.] Let's everyone give a Boy Scout handshake to three other people.

We have the Cub Scout sign. How do we make the Cub Scout sign? [Demonstrate the Cub Scout sign.] There is a Boy Scout sign. It is made with your right hand, holding up the three middle fingers of your hand with your elbow at a right angle. [Demonstrate the Boy Scout sign.] Those three fingers stand for three parts of the Scout Oath (duty to God and country, duty to others and duty to self). You can also make the Scout sign when you want to get someone's attention.

With those same three fingers, a Boy Scout can make the Boy Scout salute. Instead of using two fingers, like in Cub Scouts, Boy Scouts use three fingers. They use the Boy Scout salute to salute the United States flag.

Let's now make the Boy Scout sign and together say the Scout Oath and the Scout Law.



Name _____

May Week 1

Home Assignment – Tiger

Tiger: Safe and Smart 5

_____ 5. Find the smoke detectors in your home. With the help of your partner, check the batteries.

Smoke detectors should be: On every level of your home Outside every room where someone sleeps High up on or near the ceiling

Akela's OK Date

Name _____

May Week 1

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May Week 1

Home Assignment – Bear

Roaring Laughter Adventure, Requirement 3

Create your own short story. (It only needs to be three or four sentences.) Remove some of the nouns, verbs, adjectives, and adverbs from the story, leaving blanks. Without telling the story, ask a friend to give you nouns, verbs, adjectives and adverbs so you can replace them in the story you created.

Here's an example:

What I Did at Cub Scout Camp

This year at Cub Scout camp, I hiked all the way around the lake with my den. During the hike, we saw some deer, a frog, and a lot of butterflies. We also at trail mix and beef sticks. It was a fun and tiring day.

Then we take out some words...

What I did at (Event) ______

| This year at (type of pers | son) camp, I (action | verb) |
|----------------------------|-----------------------|---------|
| all the way | / around the (noun) | with my |
| (group of people) | During the (activity) | , we |
| saw some (animals) | , a (animal) | , and a |
| lot of (animals) | We also ate (noun) | and |
| (noun) It v | was a (adjective) | and |
| (adjective) | _ day. | |

And we could fill in whatever words... and this would be a silly story!On the back write your own story... and you can make your own silly story.

May Week 1

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| This year at (type of p | erson) camp, I (action v | erb) |
|-------------------------|--------------------------|---------|
| all the v | vay around the (noun) | with my |
| (group of people) | During the (activity) | , we |
| saw some (animals) | , a (animal) | , and a |
| lot of (animals) | We also ate (noun) | and |
| (noun) | It was a (adjective) | and |
| (adjective) | day. | |

And we could fill in whatever words... and this would be a silly story!On the back write your own story... and you can make your own silly story.

Name _____

May Week 1

Home Assignment – Webelos

Fix It Adventure, Requirements 1, 2, 3, 4a, 4c, 5e, 4f, 4g, 4h, 4q, 4u

1. Put a Fix It Toolbox together. Describe what each item in your toolbox can be used for. Show how to use three of the tools safely.

A basic handyman toolbox might include: -Small and medium slotted screwdrivers -Small and medium Philips screwdrivers -A hammer -Scissors -Needle-nose pliers -Needle-nose pliers -Roll of duct tape -A measuring tape -Small nails and screws Choose a box or bag that will hold all of your tools. **A Scout is helpful. Learning how to safely help your**

A Scout is helpful. Learning how to safely help your family with repairs is a great way to pitch in at home.

2. Be ready. With the help of an adult in your family, do the following:

_____2a. Locate the electrical panel in your home. Determine if the electrical panel has fuses or breakers.

_____2b. Determine what sort of fuel is used to heat your home. Your home uses one or more energy sources to generate heat. Common sources include electricity, natural gas, propane and fuel oil. Ask your parent what power source or sources your home uses, and find out where heating appliances like the furnace are located.

_____2c. Learn what you would do to shut off the water for a sink, a toilet, a washing machine, or a water heater. If there is a main shut-off valve for your home, show where it is located.

3. Describe how to fix or make safe the following circumstances with help from an adult:

_____3a. A toilet is overflowing.

_____3b. The kitchen sink is clogged.

_____3c. A circuit breaker tripped, causing some of the lights to go out.

4. Let's Fix It.

4a. Show how to change a light bulb in a lamp or fixture. Determine the type of light bulb and how to properly dispose of it.

_____4c. Tighten a loose handle or knob on a cabinet or piece of furniture.

_____4e. Replace a furnace filter.

____4f. Wash a car.

____4g. Check the oil level and tire pressure in a car.

____4h. Help an adult change a tire on a car.

_____4q. Change a battery in a smoke detector or carbon monoxide detector.

____4u. Do a Fix It project agreed upon with your parent or guardian.

Akela's OK Date

Project Family Adventure, Requirements 1-5, 7,8

_____1. Interview a grandparent, another family elder, or a family friend about what life was like when he or she was growing up. Share his or her story with another family member.

Person I interviewed: _

His or her relationship to me: _____

Some sample questions:

-When were you born?

-Where did you grow up?

-What activities did you do when you were my age?

-Tell me about a happy memory from your childhood.

-Was there a time when something was difficult for you?

-What was your family's favorite food?

-How was childhood different then compared with now?

_____2. Talk with members of your family about your family name, history, traditions, and culture. Create a family tree of three generations, or make a poster that shows the origins of your ancestors. Share this with your den.

_____ 3. Show your understanding of your duty to family by creating a chart listing the jobs that you and other family members have at home. Choose three of the jobs you are responsible for, and chart them for two weeks.

| My Chores List your chores and put a checkmark under each day that you do them for two weeks. | | | | | | |
|--|--------|---------|-----------|----------|--------|----------|
| Chore 1 | | * | | | | |
| Chore 2 | | _ | | a | | |
| Chore 3 | | | | | | |
| Week 1 | | | | | | |
| Sunday - | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | | |
| Week 2 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | | |

4. Select **one of the jobs** below that belongs to another family member, and help that person complete it:

4a – Create a grocery shopping list for the week.

4b – Complete the laundry for your family one time.

4c – Help prepare meals for your family for one day.

_____ 5. Create a list of community service or conservation projects that you and your family can do together, and present it to your family. Select one project, plan it, and complete it with your family.

Some ideas:

-Serve a meal at a homeless shelter.

-Pick up trash or plant trees in a park.

-Visit residents at a retirement community.

-Participate in a walkathon to raise money for charity.

-Donate gently used clothing and toys to a charity thrift store.

| The project my family participated in: | |
|--|--|
| I finished the project on (date): | |

_____7. Hold a family meeting to plan an exciting family activity. The activity could include a family reunion, a family night or a family outing.

_____ 8. Have your family event. Afterward, tell your parent or guardian about what you liked best about your event.

| Our Family Meeting and | Event |
|--|---------|
| We held our family meeting on (date): | <u></u> |
| We talked about: | 4 |
| | |
| Our family adventure was: | |
| We did it on (date): | |
| What I liked about our family event: | |
| What I would do differently next time: | |

Akela's OK

Date

Name _____

May Week 1

Home Assignment – Webelos

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2. Be ready. With the help of an adult in your family, do the following:

_____2a. Locate the electrical panel in your home. Determine if the electrical panel has fuses or breakers.

_____2b. Determine what sort of fuel is used to heat your home. Your home uses one or more energy sources to generate heat. Common sources include electricity, natural gas, propane and fuel oil. Ask your parent what power source or sources your home uses, and find out where heating appliances like the furnace are located.

_____2c. Learn what you would do to shut off the water for a sink, a toilet, a washing machine, or a water heater. If there is a main shut-off valve for your home, show where it is located.

3. Describe how to fix or make safe the following circumstances with help from an adult:

_____3a. A toilet is overflowing.

_____3b. The kitchen sink is clogged.

_____3c. A circuit breaker tripped, causing some of the lights to go out.

4. Let's Fix It.

4a. Show how to change a light bulb in a lamp or fixture. Determine the type of light bulb and how to properly dispose of it.

_____4c. Tighten a loose handle or knob on a cabinet or piece of furniture.

_____4e. Replace a furnace filter.

____4f. Wash a car.

____4g. Check the oil level and tire pressure in a car.

____4h. Help an adult change a tire on a car.

_____4q. Change a battery in a smoke detector or carbon monoxide detector.

____4u. Do a Fix It project agreed upon with your parent or guardian.

Akela's OK Date

Project Family Adventure, Requirements 1-5, 7,8

_____1. Interview a grandparent, another family elder, or a family friend about what life was like when he or she was growing up. Share his or her story with another family member.

Person I interviewed: _

His or her relationship to me: _____

Some sample questions:

-When were you born?

-Where did you grow up?

-What activities did you do when you were my age?

-Tell me about a happy memory from your childhood.

-Was there a time when something was difficult for you?

-What was your family's favorite food?

-How was childhood different then compared with now?

_____2. Talk with members of your family about your family name, history, traditions, and culture. Create a family tree of three generations, or make a poster that shows the origins of your ancestors. Share this with your den.

_____ 3. Show your understanding of your duty to family by creating a chart listing the jobs that you and other family members have at home. Choose three of the jobs you are responsible for, and chart them for two weeks.

| My Chores List your chores and put a checkmark under each day that you do them for two weeks. | | | | | | |
|--|--------|---------|-----------|----------|--------|----------|
| Chore 1 | | * | | | | |
| Chore 2 | | _ | | a | | |
| Chore 3 | | | | | | |
| Week 1 | | | | | | |
| Sunday - | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | | |
| Week 2 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | | |

4. Select **one of the jobs** below that belongs to another family member, and help that person complete it:

4a – Create a grocery shopping list for the week.

4b – Complete the laundry for your family one time.

4c – Help prepare meals for your family for one day.

_____ 5. Create a list of community service or conservation projects that you and your family can do together, and present it to your family. Select one project, plan it, and complete it with your family.

Some ideas:

-Serve a meal at a homeless shelter.

-Pick up trash or plant trees in a park.

-Visit residents at a retirement community.

-Participate in a walkathon to raise money for charity.

-Donate gently used clothing and toys to a charity thrift store.

| The project my family participated in: | |
|--|--|
| I finished the project on (date): | |

_____7. Hold a family meeting to plan an exciting family activity. The activity could include a family reunion, a family night or a family outing.

_____ 8. Have your family event. Afterward, tell your parent or guardian about what you liked best about your event.

| Our Family Meeting and | Event |
|--|---------|
| We held our family meeting on (date): | <u></u> |
| We talked about: | 4 |
| | |
| Our family adventure was: | |
| We did it on (date): | |
| What I liked about our family event: | |
| What I would do differently next time: | |

Akela's OK

Date

Building a Better World Adventure, Requirements 6, 8

____ 6. Learn about energy use in your community and in other parts of our world.

Find out what kinds of energy you use, and write them in this chart:

The energy I use:

| To stay warm or cool in my home | |
|---------------------------------|--|
|---------------------------------|--|

To travel by car ______

| To travel b | y bus or subway | 1 | | |
|-------------|-----------------|---|--|--|
| | | | | |

To watch TV ______

| To have warm showers | 6 |
|----------------------|---|
| | |

To see in my room when it's dark outside ______

Some types of energy are renewable, which means you can never use them up. These include energy from solar panels, wind turbines, and hydroelectric dams. Other types of energy are finite, which means they will eventually run out. These include gasoline, natural gas, and coal.

Whether the energy we use is renewable or not, it is still important to conserve it. If your family wastes a lot of energy, your utility bills will be high and you won't have money to spend on other things. If too many people use their air conditioners on a very hot day, a city can temporarily run out of power, which is called a blackout.

Pick one of the types of energy your family uses and decide one way that you could use less of it. Here are some ideas of how to save energy:

-Set your thermostat warmer in the summer and cooler in the winter

-Keep your blinds or curtains closed on hot days

-Take shorter showers

-Use ceiling fans to make rooms feel cooler

-Don't open the refrigerator door more than you have to

-Unplug electronic devices when you're not using them

-Turn off lights when you leave a room

-Use energy efficient light bulbs

_____ 8. With the assistance of your parent, participate in an event that would help lead others in recycling and conserving resources.

Here are some ideas:

-Promote what can be recycled in your neighborhood

-Hold a recycling drive for things that can't be left in a recycling bin

-Start recycling at home (if you don't already recycle) and make the effort to do it everyday

Akela's OK Date