## Cub Scout Den Meeting Outline

#### Month: February

#### Week: 3

#### Point of the Scout Law: Friendly

	Tiger	Wolf	Bear	Webelos	Arrow of Light
Before the	Gather materials for	Gather materials for	Gather materials for	Gather materials for	Gather materials for
Meeting	gathering and other	gathering and other	gathering and other	gathering and other	gathering and other
	activities, games and	activities, games and	activities, games and	activities, games and	activities, games and
	have home assignments	have home assignments	have home assignments	have home assignments	have home assignments
	(if any) ready.	(if any) ready.	(if any) ready.	(if any) ready.	(if any) ready.
Gathering	Fitness Circle Game – led by Webelos den				
Opening	Rights and Duties Opening				
Activities/Project	Obeying the Law; Making a Stop Sign				
Game/Song	Red Light, Green Light				
Business	None	None	None	None	Building a Better World 5
items/Take home					
Closing	Being Loyal Closing				
After the meeting					

#### Materials:

Gathering: copies of Fitness Circle game for Webelos to refer

Opening: flag, word strips for Webelos Scouts

Project/Activity: craft sticks, stop sign graphics, scissors, crayons/markers, staplers or glue

Game/Song: none

Closing: none

Home assignments: See home assignment sheets

Advancement: Tiger - None Wolf – None Bear – None Webelos – Stronger, Faster, Higher 5 Arrow of Light – Building a Better World 2,3, 5

# **Fitness Circle Game**

Have Webelos Scouts lead this game.

Practice the following exercises first in place (with the Cub Scouts and leaders standing in a group).

-hop up and down
-make yourself very small
-make yourself very tall and reach your hands over your head
-walk in place
-run in place
-walk in place, raising your knees high
-run in place, raising your knees high



#### Now have all Cub Scouts and leaders make a VERY large circle with everyone facing the center.

- 1. Have everyone start walking to the right in a circle and then keep walking between these exercises.
- 2. Stop walking. Hop on one foot several times. Start walking.
- 3. Make yourself as small as possible and keep walking.
- 4. Make yourself as tall as possible and keep walking. Reach your hands high above your head.
- 5. Bend over a little, grab your ankles and keep walking.
- 6. Walk as if the heel of one foot and the toes of the other foot are sore.
- 7. Walk stiff-legged.
- 8. Squat down and jump forward from that position.
- 9. Walk forward quickly (don't run) while swinging your arms vigorously.
- 10. Take giant steps while walking.
- 11. Walk, raising your knees as high as possible with each step.
- 12. Run and lift your knees up high.
- 13. Stop and walk backward.
- 14. Stop!

# **Rights and Duties Opening**

(best if participation by Scouts is done by Webelos Scouts)

#### Materials:

Flag words strips for Webelos Scouts to read

### Cubmaster or Den leader:

Together let us say the Pledge of Allegiance and the Scout Oath. [Pack says the Pledge of Allegiance and the Scout Oath together]

In the Scout Oath, you promise to do your duty to your country. One way you do that is by being a good citizen. Let's remind ourselves today ways that you and your family members can be a good citizens.

Webelos Scout #1 : We can obey the laws.

Webelos Scout #2: We can respect the rights and the property of others.

Webelos Scout #3: We can help the police.

**Webelos Scout #4**: We can take care of the environment by recycling and conserving.

Webelos Scout #5: We can be informed about what is going on around us.

Webelos Scout #6: We can help change things that are not good.

### Cubmaster or Den leader:

When you are an adult you should vote and pay taxes and serve on a jury. Other things that we have a great opportunity to do because of our country are the following...

Webelos Scout #7: We can worship how and where we like.

Webelos Scout #8: We can say what we think.

Webelos Scout #9: We can join other people in peaceful assemblies.

**Webelos Scout #10:** We can petition the government if we think it is doing something wrong.

Webelos Scout #11: We can own property and choose where we want to live.

**Webelos Scout #12:** We can get a public school education through the 12<sup>th</sup> grade.

Webelos Scout #13: We can have a trial by jury if we are accused of a crime.

Webelos Scout #14: We can vote once we are 18 years old.

### Cubmaster or Den leader:

We are lucky to have may freedoms in the United States, but always remember that those freedoms come with responsibility. President John F. Kennedy said, "ask not what your country can do for you, but ask what you can do for your country."

# Rights and Duties Opening (word strips for Webelos Scouts to read)

Webelos Scout #1 : We can obey the laws.

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# **Obeying the Law Discussion**

#### Cubmaster or Den leader:

This month we celebrate Presidents Day in our country. Presidents have lots of responsibilities and have to make many decisions while they are acting as our president. There are laws that we all have to obey and we hope that they always want everyone to follow the "rule of law."

What do you think it means when I say "rule of law"?

[Listen to their answers... they probably have a good idea of what it means.]

Make sure they know that rule of law means : -Laws apply to everyone, both government officials and private citizens -Laws are clear and fair and are evenly applied -Laws respect basic rights like people's security. -The way laws are created is open and fair.

Is it a good thing that we have laws?

Can you name a law that you have seen people obey? Or disobey? What happens if a law is disobeyed?

We have a Scout Law that we know - how is it our "rule of law"?

# Making a Stop Sign

### Materials:

Stop sign graphic copied on cardstock Scissors Crayons/Markers Craft sticks (one per Cub Scout) Glue or Stapler/Staples

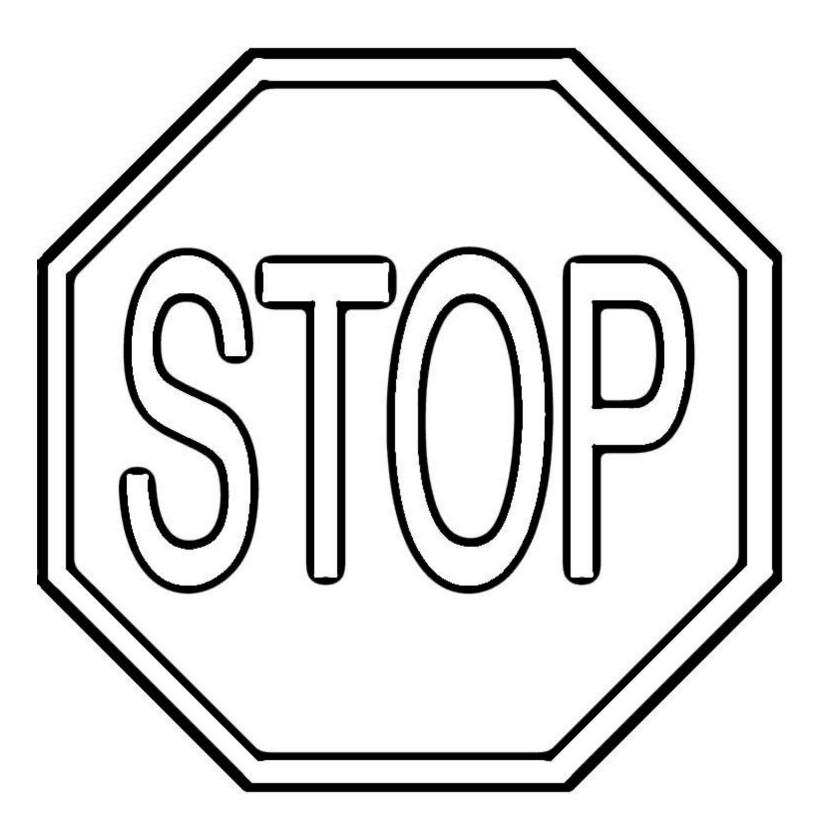


### Instructions:

1. Distribute stop sign graphic on cardstock to each Cub Scout.

2. Color and then with scissors, cut out the stop sign (order could be switched if needed).

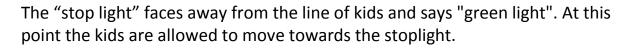
3. Attach craft stick to bottom of stop sign with glue or with staples so that you can hold the stop sign using the craft stick as a handle.



# Red Light, Green Light

In this game, one Cub Scout plays the "stop light" and the rest try to touch him.

At the start, all of the Cub Scouts form a line about 15 feet away or more from the "stop light".



At any point, the "stop light" may say "red light!" and turn around. If any of the kids are caught moving after this has occurred, they are out.

Play resumes when the "stop light" turns back around and says "green light".

The "stop light" wins if all the kids are out before anyone is able to touch him.

Otherwise, the first player to touch the "stop light" wins the game and earns the right to be "stop light" for the next game.



# **Being Loyal Closing**

#### Materials:

None

### Cubmaster or Den leader:

The second point of the Scout Law says that a Scout is Loyal.

Scouts are loyal when you obey the laws of our country, our state and our community.



You are loyal when you support those who keep our community safe.

Martin Luther King Jr. is an example of someone who was loyal to his country by point out what it was doing wrong. He used some of his rights to fight against laws that were unfair.

One senator said, "My country, right or wrong; if right, to be kept right; and if wrong, to be set right."

Name

#### **February Week 3**

Home Assignment – Webelos

#### **Building a Better World 5**

\_\_\_\_\_ 5. Learn about your family's expenses, and help brainstorm ways to save money. Plan and manage a budget.

See pages 133 -135 in the Webelos Handbook.

Akela's OK Date

Return this paper to Cub Scout meeting after you have completed the assignments.

Name

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